



Cycling with Sisters
we're on a mission together!



WHAT IS CYCLING WITH SISTERS?

Cycling with Sisters is a social justice, cycling and social media pilgrimage that will take place on Monday, October 2, 2017, when our group will embark on a 100-mile ride from North East, PA to Niagara Falls, Ontario, Canada.

WHY ARE WE DOING THIS?

At various stops, we will offer prayers and educate the public via social media (Facebook Live, Twitter) about the work that Catholic Sisters are doing to address current social justice issues.



WHAT ARE THE ISSUES?

- **Human Trafficking:** We pause to remember victims of human trafficking and all those who work to free those caught in the nightmare of this modern slavery.
- **Poverty in its many forms**—hunger, homelessness, lack of health care, unemployment: We pause to remember those who are hungry, homeless and frightened, especially the children. We remember those who don't have access to health care, education and job security.
- **Nonviolence and end to hate and racism:** We pause to remember victims of violence: hate crimes, racism, domestic and child abuse, gun violence, gang violence, war and militarism, nuclear threats. We remember their families and loved ones who also suffer with them.
- **Environment:** We pause to remember the earth and those who suffer when the earth suffers, especially the poor. We remember people around the globe who directly suffer the effects of climate change in extreme weather situations, unbreathable air, fracking-induced destruction and earthquakes.
- **Immigration:** We pause to remember our sisters and brothers from all countries, especially those who are refugees, displaced and persecuted.

WHO ARE WE?

We are a small group of individuals who enjoy cycling and who are committed to advancing the mission and image of Catholic Sisters. Our group includes Catholic Sisters, communications professionals who work for congregations of Catholic Sisters and who belong to the organization Communicators for Women Religious (CWR), along with friends and others who support our cause. See page 2 for list of riders.

WHY NIAGARA FALLS, CANADA?

We are promoting the work of Catholic sisters as we head to the Communicators for Women Religious (CWR) conference is being held in Niagara Falls, Canada from Oct. 3-7.



COMMUNICATORS FOR
WOMEN RELIGIOUS
CONFERENCE 2017
NIAGARA FALLS, CANADA

WHAT IS CWR?

CWR is a professional organization of personnel responsible for communications within religious congregations of women. The organization's mission is to be a network of professional support and education for members who promote understanding of women religious, enhance their image and advance their mission. CWR is also a resource for organizations serving women religious.



For more information, contact Stephanie Hall 814-836-4203 or publicrelations@ssjerie.org; Linda Romey, OSB, 814-459-5994 or linda_romey@yahoo.com. CWR contact information available at www.C4WR.org

Meet the cyclists:

Linda Romey, OSB, Web Developer and Marketing Coordinator, Benetvision and Monasteries of the Heart, Benedictine Sisters of Erie, CWR member

Stephanie Hall, Director of Communications and Public Relations for the Sisters of St. Joseph of Northwestern Pennsylvania, CWR member and board member, Associate of the Sisters of St. Joseph of Northwestern Pennsylvania.

Jennie Hagerty, Executive Director of Mercy Center for Women and Dress for Success Erie, ministries of the Sisters of Mercy.

Anne McCarthy, OSB Erie Benedictines for Peace, Benetvision, and Monasteries of the Heart

Kathy Dahlkemper, Erie County Executive and former Congresswoman, PA 3rd Congressional District. She authored the legislation which allows young adults to remain on their parents' insurance up to age 26 under the Affordable Care Act.

Daina Cyvas, Communications and Project Coordinator, Sisters of St. Casimir, Chicago

Dina Lauricella, OSB
Microbiology Analyst, Microbac, Erie, PA

Breanna Mekuly, Emmaus Ministries staff, Erie, PA

Val Luckey, OSB, St. Benedict Child Development Center staff

Jacqueline Small, Oblate, Monasteries of the Heart staff

Stephanie Ciner, gardener and educator and volunteer with Erie Benedictine ministries.

Ruth Bownes, social justice advocate

Ken Bownes, avid cyclist

Acknowledgements:

Accompanying drivers:

Janice Etchison, Oblate, Benedictine Sisters of Erie
Mary Lou Rathers, SSJ Associate
Jan Staszewski, SSJ Associate
Maxine Kollasch, IHM, A Nun's Life Ministry

Cycling support:

Dave Dennis, John Bink, Bill Van Volkenburg
LakeCountry Bike, North East, PA
www.lakecountrybike.com

Public relations:

Gary Loncki, Communications Director, Consultant
Sisters of Mercy New York, Pennsylvania, Pacific
West Community, www.sistersofmercy.org

Social media, video and photography support:

Maxine Kollasch, IHM
A Nun's Life Ministry, www.anunslife.org

Allan Johnson
Allen H. J. Graphic Design, www.allanhj.com

Team shirts:

Erik Hengelbrok
Creative Imprint Systems
www.creativeimprintsystems.com

Logistic help:

The U.S. Peace Bridge Authority and The Canadian Border Service for their advance help in getting us over the Peace Bridge and through customs safely and efficiently.

Community support:

The Sisters of St. Joseph
of Northwest Pennsylvania,
www.ssjerie.org

Benedictine Sisters of Erie
www.eriebenedictines.org

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